Johns Hopkins Direct Primary Care (DPC) Plan

2024 Plan Overview

Available to: Johns Hopkins Hospital, Johns Hopkins Health System Corporation, Johns Hopkins Medical Associates, Johns Hopkins Home and Community Based Services, Johns Hopkins Bayview Medical Center, Howard County Medical Center, Sibley Memorial Hospital and Suburban Hospital

Employer Health Programs

October 10, 2023



Confidential

Johns Hopkins Direct Primary Care (DPC) Plan

The DPC program is offered as a stand-alone plan design, separate from the PPO and EPO plans. The DPC plan is available to all employees and dependents, but the employee must elect the DPC Practice as their primary care provider (PCP). Any dependents over the age of 18 may also elect the DPC Practice as their PCP. Employees must select the DPC plan in order for dependents to be able to join the plan. DPC enrollment is limited.

- Same in-network member cost shares as most Johns Hopkins PPO plan services
- No cost for office visits at the DPC Practice
- Includes coverage for both in-network and out-of-network services

Services include:

- Unlimited primary care office or video visits with longer visits
- Reduced specialty visit cost share with DPC Practice PCP referral
- I annual physical (annual labs with this visit are free)
- I flu vaccine
- 6 rapid tests (any combination of flu, strep, urine, pregnancy, Alc)
- 1EKG
- Unlimited prior authorizations of medications
- Robust care coordination



DPC Practice

Three providers located in the DPC Practice deliver personalized care that addresses your needs so that you can maintain your health on your time. If you select the DPC plan and elect the DPC Practice as your primary care provider, you must use them for your primary care.



Norman M Dy, M.D.

Location:

Howard County Medical Center campus in the Medical Arts Building (MAB)

11085 Little Patuxent Parkway, Suite 103 Columbia, Maryland 21044



Melody Nangle, C.R.N.P.

Carolyn Le, D.N.P., C.R.N.P.

www.hopkinsmedicine.org/community_physicians/patient_information/direct_primary_care.html



Primary Care Services

- The employee must select the DPC plan and elect the DPC Practice as PCP to allow spouse/dependents (age 18 and older) to select DPC Practice as their PCP
- Spouse/dependents are not required to have the DPC Practice as their PCP
- Members with the DPC Practice as their designated PCP will have all other primary care services denied from all other PCPs
- Spouse/dependents without the DPC Practice as their designated PCP can access innetwork primary care services through the following providers:
 - **EHP Preferred Network**: A provider or facility in the EHP network that is deemed a preferred provider
 - **EHP Network**: Direct access to any EHP or Cigna PPO network participating provider

Specialty Care Services

- Members can access in-network services through the following providers:
 - **EHP Preferred Network:** A provider or facility in the EHP network that is deemed a preferred provider that has a lower member co-insurance amount
 - EHP Network: Direct access to any EHP or Cigna PPO network participating provider



| | Johns Hopkins DPC Plan | | | | |
|---------------------------|---|------------------------------|----------------|--|--|
| Coverage Details | EHP Preferred Network** | EHP Network ^{**} | Out-of-Network | | |
| Annual Deductible | | | | | |
| Per Person | (Determined by Salary Tier) \$150 (<\$50K) \$200 (\$50K-\$119K) \$300 (>=\$120K) | | \$750 | | |
| Per Family | (Determined by Salary Tier) \$300 (<\$50K) \$400 (\$50K-\$119K) \$600 (>\$120K) | | \$1,500 | | |
| Annual Out-of-Pocket Max. | | | | | |
| Per Person | (Determined by Salary Tier) \$1,500 (<\$50K) \$2,000 (\$50K-\$119K) \$3,000 (>=\$120K) | | \$3,500 | | |
| Per Family | (Determined by Salary Tier) \$3,000 (<\$50K) \$4,000 (\$50K-\$119K) \$6,000 (>=\$120K) | | \$7,000 | | |
| Co-insurance | pay 10% | pay 20% | рау 30% | | |

** You can locate providers in the Preferred Network and the EHP/Cigna network at ehp.org.

Deductible: The

amount you must pay within the plan year, before EHP begins to pay benefits

Co-insurance:A

percentage of medical costs that you share with EHP

Copay: A flat fee you must pay to the provider at the time of service



| | Johns Hopkins DPC Plan | | | |
|---|--|--|----------------|--|
| Office Visits | EHP Preferred Network ^{**} EHP Network ^{**} | | Out-of-Network | |
| Primary Care Office Visit (Adult with DPC as PCP) | DPC visit: \$0 copay | Not applicable | Not applicable | |
| Primary Care Office Visit (Spouse/Dependent without DPC as PCP) | \$10 copay | | Pay 30%* | |
| Primary Care Office Visit (Dependent, age 19 and under without DPC as PCP) | \$10 copay | | Pay 30%* | |
| Specialist Office Visit | pay 10%*, 5% with DPC referral | pay 20%*, 15% with DPC referral | Pay 30%* | |
| Mental Health Visit | \$5 copay, then 100%, deductible waived | \$5 copay, then 100%, deductible waived | Pay 30%* | |
| Wellness Visit | \$0 copay | \$0 copay | Pay 30%* | |
| Johns Hopkins OnDemand Virtual Care | \$0 copay; 100% covered | | | |

Deductible: The amount you must pay within the plan year, before EHP begins to pay benefits

Co-insurance: A percentage of medical costs that you share with EHP

Copay: A flat fee you must pay to the provider at the time of service

* For select services such as hospitalization, coverage begins once you have met the deductible for the year.

** You can locate providers in the Preferred Network and the EHP/Cigna network at ehp.org.



| | Johns Hopkins DPC PPO Plan | | | |
|--|-----------------------------------|-------------------------------------|------------------------------|--|
| Facility Services | EHP Preferred Network** | EHP Network** | Out-of-Network | |
| Hospital Inpatient | \$150 copay, then pay 10%* | \$150 copay, then pay 20%* | \$500 copay, then pay 30% | |
| Hospital Outpatient Pay 10%*, 5% DPC referra | | pay 20%*, 15% with DPC referral | pay 30%* | |
| Lab Services | pay 10%*, 5% with DPC referral | pay 20%*, I 5% with DPC referral | pay 30%* | |
| Emergency Room \$250 copay* | | \$250 copay* | \$250 copay* | |
| Urgent Care \$25 copay | | \$25 copay | pay 30%* | |

Deductible: The amount you must pay within the plan year, before EHP begins to pay benefits

Co-insurance: A

percentage of medical costs that you share with EHP

Copay: A flat fee you must pay to the provider at the time of service

* For select services such as hospitalization, coverage begins once you have met the deductible for the year. ** You can locate providers in the Preferred Network and the EHP/Cigna network at ehp.org.



Primary Care office visits for treatment of illness or injury

- DPC Practice PCP will be covered with a \$0 copay, deductible waived
- All other in-network PCP visits will be covered with a \$10 copay, deductible waived (for spouse/dependents without DPC Practice as PCP)

Preventive Care, such as annual exams/physicals/GYN

DPC, EHP Preferred or EHP Network PCP: covered at 100% of allowed amount, deductible waived

Specialty Care (adult and pediatric)

- EHP Preferred provider: covered at 90% (95% with DPC referral) of allowed amount, after deductible
- EHP Network provider: covered at 80% (85% with DPC referral) of allowed amount, after deductible

Urgent Care

• EHP Preferred or an EHP Network provider will be covered with a \$25 copay, deductible waived



Emergency Room Facility care

 EHP Preferred or an EHP Network facility: covered at 100% of allowed amount, after a \$250 copay and deductible

Emergency Room Professional care

• EHP Preferred or an EHP Network facility: covered at 100% of allowed amount, after deductible

Outpatient care for mental health treatment

• EHP Preferred or an EHP Network facility: covered at a \$5 copay, deductible waived

Inpatient Facility care

- EHP Preferred facility: covered at 90% of allowed amount, after a \$150 copay and deductible
- EHP Network facility: covered at 80% of allowed amount, after a \$150 copay and deductible

Inpatient Professional care

- EHP Preferred provider: covered at 90% of allowed amount, after deductible
- EHP Network provider: covered at 80% of allowed amount, after deductible



Telemedicine

Johns Hopkins OnDemand Virtual Care

- In minutes, you can connect to a health care provider for a video visit, using your mobile device or computer, 24 hours a day, seven days a week. No need to schedule an appointment—a health care provider will review your symptoms and prescribe medications, as necessary. Use this service if you or your family members experience minor, urgent care concerns such as, but not limited to:
 - Cold, flu and
 Rashes
 sinus
 - symptoms Allergies
 - Pinkeye
 - Respiratory infection
- Member cost-share: \$0 copay; 100% covered

Medical Advice Messaging

\$5 copay; deductible waived for billable email messaging with provider

Virtual Care

Telemedicine virtual care visits are covered the same as the in-person service



Johns Hopkins DPC Pharmacy Plan

| Services and Supplies (In A | Iphabetical Order) | In-Network Retail Pharmacy (30- day supply) | In-Network Retail Pharmacy (90-day supply) | Mail Order (90-day supply) |
|-----------------------------|---|---|--|---|
| Oral Contraceptives | Generic | \$0 | \$0 | \$0 |
| | Preferred | \$40 | \$120 | \$80 |
| | Non-Preferred | \$65 | \$195 | \$130 |
| Prescriptions | Generic | \$10 | \$30 | \$20 |
| | Preferred | \$40 | \$120 | \$80 |
| | Non-preferred | \$65 | \$195 | \$130 |
| | Brand with Generic Equivalent | \$65 plus the cost differential between generic and brand | \$195 plus the cost differential between generic and brand | \$130 plus the cost differential between generic and brand |
| | Specialty Medications for members enrolled in PrudentRx – medications listed at ehp.org | \$0 | Restricted to Retail 30-day supply | |
| | Specialty Medications for members <u>not</u> enrolled in PrudentRx – medications listed at ehp.org | 30% | Restricted to Retail 30-day supply | |





Questions?

Website

ehp.org

Customer Service

800-261-2393

